



SAINT DAVID'S EPISCOPAL CHURCH

THE MESSENGER

EASTER ISSUE 2017

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From the Rector: "Here we Go"

There's always this sense just before Holy Week, like starting a road race or a big project: that feeling of taking a deep breath and saying, "Here we go!" Once we arrive at the start of the week leading up to Easter, we've begun to tell the old, old story once again. There's no turning back after Palm Sunday; we have to walk this story through all of the familiar turns to its conclusion.

Holy Week is really the center of the Church year: this is the story that looms behind all the others, the story that we retell in miniature each week in the Eucharist. And so once we start telling it, once we walk with Jesus into Jerusalem, we are drawn into everything that follows. Each element of the story - the palm branches, Judas' betrayal, the washing of the feet, the last supper, the agony in the garden, the arrest and trial, the crucifixion - is a well-worn stepping stone to the wonder and mystery of Easter morning. But we can't get there without walking through everything that comes before. And what's more, we can't walk through every other part of the Church year without getting to this story.

Many of us are uncomfortable with the story of Jesus' death. It's violent, it's unsettling, it's heartbreaking. At every church I've served, at least one person has told me that they can't bear to take part in the Passion Gospel on Palm Sunday; they just cannot bring themselves to join in the crowd shouting "Crucify him!" This makes a lot of sense: as Christians, we spend our lives seeking to follow Jesus, to learn from him, to love God and others the way he does. So of course it's jarring to take the part of those who are crying for his death. And yet that's part of the story. Perhaps it's not our part, not always, but it's there. We can't change this story, as unsettling as it is. We can only walk through it, once again, and pray that we may be continually transformed by it.

And so I invite you once again to find your place in the story of Jesus' death. Find yourself in the crowd calling for his execution, as you remember times you've stood by while others have been hurt or oppressed. Find yourself in Pilate's shoes, witnessing and endorsing an evil that feels out of your control. Find yourself in Mary Magdalene's place, faithfully looking on, knowing you can't change it, but knowing just as deeply that this is where you need to be. Find yourself as Simon of Cyrene, dragged into a story that has nothing to do with you, but will change your life nonetheless. Find yourself with Jesus in the garden, sweating blood and praying that this cup might pass; with Jesus on trial, the victim of forces that oppose God's grace; with Jesus on the Cross, simply united with him in suffering. Find yourself in this story, so that you can also find yourself in the joy and mystery of Easter day.

As we walk together into this story, be assured of the prayers of
Your brother in Christ,

Andrew+

Holy Week at Saint David's



Holy Week is the central celebration of the Christian year. Here's how we're celebrating it at St. David's:

April 9: Palm Sunday (8:00 AM, 10:30 AM)

On Palm Sunday, we retell and re-enact two stories: Jesus' triumphant entry into Jerusalem the week before his death, and his trial and execution later that same week. With the crowds in Jerusalem, we wave palm branches as we celebrate Jesus as our

King, even as we also remember that for Jesus, to be King means taking up the Cross. The 8:00 service begins with the blessing and distribution of the palms in the back of the sanctuary; the 10:30 service begins in the Great Hall. It is a fitting beginning to the emotional journey of Holy Week.

April 13:

Children's Interactive Holy Week Service (4:00 PM)

All are welcome to join the children of St. David's for an interactive Holy Week service at 4:00 pm on Maundy Thursday. We will pray with Jesus in the garden, hammer nails into the cross and prepare ourselves for the tomb, all in anticipation of the joyful resurrection of Jesus at Easter.

Maundy Thursday (7:00 PM)

The three days of Maundy Thursday, Good Friday, and Easter are known as the Paschal Triduum, and are effectively one celebration in three parts. The name "Maundy" Thursday comes from the Latin word "mandatum," which means "commandment." The night before Jesus' death, he gave his disciples a new commandment: that we love one another as he loves us. We remember that commandment through two acts that he gave us that night: the washing of feet, and the sharing of bread and wine in the Eucharist. At this service, all who wish will have the opportunity to have their feet washed and to wash the feet of others, as a reminder that we are called to be servants. Following the Eucharist (the last one we celebrate until Easter), the altar and sanctuary will be stripped of all vestments. The ministers and choir, too, will remove their robes as a reminder of our shared humanity. The service ends in silence.

April 14: Good Friday

Stations of the Cross (12:00 PM)

Our Holy Week observance continues with the Stations of the Cross. The Stations tell the story of Jesus' last hours through fourteen moments in time, beginning with his condemnation and ending with his body being taken down from the Cross. These moments are accompanied by prayers, readings, and personal reflections prepared by members of the congregation.

Good Friday Liturgy (7:00 PM)

The Liturgy of Good Friday is centered around the reading of the story of Jesus' Passion, and the Solemn Collects, offered in gratitude and humility at this, the yearly remembrance of Jesus' sacrifice. Finally, a wooden cross is placed in front of the congregation. All are invited to place the stones from the baptismal font at the foot of the cross as an act of veneration and a final setting down of our sins before Christ.

April 15: The Great Vigil of Easter (7:00 PM)

The observance of the Triduum concludes with this Vigil, when we remember Jesus' passing from death into life, and give thanks that, because he has been raised, so shall we. The service begins in the

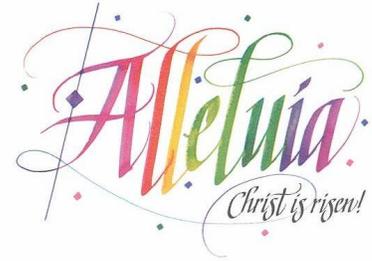
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Great Hall, where we light the Paschal Candle and hear the stories of God’s people throughout the ages. Finally, our Lenten observance is ended and we process triumphantly into the sanctuary for a service of Holy Baptism and Holy Communion.

April 16: Easter Day (8 & 10:30 AM)

Alleluia! Christ is risen! We rejoice in the Good News, with music at both services.



End of Life Issues - 6 Sunday Series to Begin April 23rd

The Pastoral Care Committee is sponsoring a 6 Sunday Series on topics relating to “End of Life” Issues. The Series will begin on Sunday, **April 23rd** at 11:45 in the Great Hall.

This first session will be hosted by Ed Bellegarde and Meg McCroary from Hospice of Southern Maine. **Living on Hospice** will be the topic. Ed has 12 years of experience as a Coordinator of Spiritual Services for the Lowell VNA Hospice in Massachusetts. He was active in the Massachusetts Hospice Spiritual Coordinators Group and a member of the National Bereavement Association. Meg McCroary is the Community Liaison for Hospice of Southern Maine in Scarborough. All are invited to attend. The program will last approximately 1 hour.

On Sunday, April 30, the Rev. Andrew D’Angio White and The Rev. Stephen White, Episcopal Priest and Hospice Chaplain will discuss the **Spirituality of Dying**. Fr Andrew and Fr Stephen will offer reflections on their ministry with people on hospice care and their loved ones. There will be ample time for discussion and reflection.

Schedule

April 23 - **Living on Hospice** - Speakers: Ed Bellegarde and Meg McCroary from Hospice of Southern Maine

April 30 - **Spirituality of Dying** - Speakers: the Rev. Andrew D’Angio White and the Rev. Stephen White, Episcopal Priest and Hospice Chaplain

May 7 - **Planned Giving** - Speaker: Bob Pagano

May 21 - **Planning Your own Funeral** - Speaker : Bill Rhines

June 4 - **Elder Law** - Speaker: Sara Neault, Attorney from Bergen & Parkinson, Saco office

June 11 - **Burial Options** - Bibber Memorial Chapel and Jeanne Kita Burke

The More the Merrier



As you may already be aware, a small but dedicated group of folks meet at Saint David’s on Monday mornings in the Library to do various forms of needle-

point, sewing, stitching etc. They arrive at various times usually between 9 and 10 and then work on their project and enjoy conversation for a few hours. Currently the Needlers are working

on an Altar Kneeler for the church.

Beginning Monday, April 10, from 10am to 12noon, the Prayer Shawl Ministry will join the Needlers and invite anyone with any interest in needlecraft of any sort, to join in for fun handiwork and fellowship.

If you are interested in finding out more about the Prayer Shawl Ministry, contact Louise Marshall at 282-6834, or just come by on some Monday morning and meet the group.

Pastoral Care Committee News

We welcome Sue Cryer to the Pastoral Care Committee. Sue will co-chair with Pam Turk. The committee met this month to review the Parish Directory again to update and identify persons who may have 'slipped through the cracks' and may need pastoral care, as well as to identify any persons who no longer attend St. David's. We looked for possible commonalities among people as well to consider whether opportunities might be available for mutual ministry.

As a result of this study we have highlighted a few areas of possible interest that might be explored further.

- There are men in our parish who are currently shut-ins who are interested in having male visitors. Might there be a person or small group of men who would like to spend a few

hours from time to time at the home of shut-ins thus allowing the care-givers a respite time or time to run errands, etc.

- Is there any interest in a men's group at St. David's that might get together for fellowship in the form of playing cards, bowling, attending sporting events or concerts? This opportunity would be for married or single men.
- The Needlers meet every Monday morning to work on projects for St. David's or the Cathedral. Currently they are working on a kneeler for the altar. They welcome anyone who might enjoy some fellowship while stitching, sewing, needling or any other project one might have. Prayer shawls are also a welcome project.

If you are interested in any of the above 3 opportunities please contact Pam Turk, 985-6962, or Sue Cryer, 985-3757 for more information.

Car "Boot" Sale May 6th 8am-11:30am



Time to collect those collectibles and gently used items to sell at the "Boot" sale on Saturday, May 6. from 8am-11:30am.

Spring is the best time to reclaim some space in your basement or garage and help out St David's at the same time. We have a lot of fun in the process. Families, this is a great morning project to get the kids involved in! More info and sign ups coming soon. Mark your calendar!

This is a fundraiser for the church but it works like this: 50% of the profit you make selling items out of your car you keep, and 50% goes to the church.

Sign ups will be in the Great Hall.

Gently Used Book Sale May 20, 9am-12pm

WE NEED YOUR GENTLY USED BOOKS!



Our Annual Gently Used Book Sale is scheduled this year for **May 20th from 9:00 to Noon** and we need your help to make it another great success! We're looking for all types of books to sell, so if you have

some you no longer need or want, please bring them in any time and place them in either the "Cave Room" or in Kris and Gail's Office.

Readers' Digest books and old text books aren't big sellers, so if you could hold off on those, that'd be great! Thanks so much! Contact Jeanne Kita Burke at 985-7487 with questions or possibly for book pick-up!

Outreach News

Current outreach activities include collecting food for our local community food pantry (Hands Across Our Community campaign), planning for the St. David's May Day Booth and a Haiti Mission presentation on June 25, 2017. The committee is also developing a strategy for supporting local refugees in the Biddeford area.

The Outreach Committee is always looking for new ideas for serving as well as new committee members. The Committee meets the third Wednesday of each month at 4:30 in the library. Contact Gail Freeman at 985-1201 if you have questions or would like more information.

Financial support was provided in March as follows:

St Elizabeth's Jubilee Center – Portland	\$ 200
In-a -Pinch Essentials Pantry – Biddeford	100
Haiti Mission – Harmony School	200
Caring Unlimited –	<u>200</u>
Women's Shelter -York County	
Total	\$ 700

May Day Festival, Saturday, May 6

For the second year St. David's will have a table at the Kennebunk May Day Festival. Our table will feature information about the parish, balloons, and candy, as well as a drawing for an item from Rambler's Way.

We will be on the grounds of the Kennebunk Free Library with a possible start time of 7:00 am and ending at 3:00pm. **Volunteers are needed** for one or two hour shifts – skills needed are smiles, enthusiasm, and the ability to blow up balloons using a helium tank (possibly the trickiest assignment).

Please consider signing up to be the face of St. David's for the day – a sign-up sheet is located in the Great Hall. Contact Gail Freeman for more information at 207-985-1201.

Spring Break April 17-21st

Cathy will be out of the office from **Monday, April 17 through Wednesday, April 19** for a mini vacation. If you anticipate any needs during that time period or beyond, please communicate them to the office as early as possible. The deadline for the May Messenger will be moved back to April 21st.

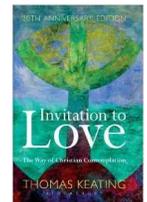


Centering Prayer Group

Welcome one and all to Centering Prayer at St. David's. Both new and seasoned pray~ers are most warmly invited to join in this prayer of entrance together into the Lord's first language of Silence. We hope that holy curiosity may spark a wondering spirit that will lead you to "Come and See" and abide in God's Loving presence.

St. David's Centering Prayer will meet in the Library on the following dates:

Friday, April 7: 9-10:30 AM ~ Gail Fleming facilitating, reflecting on Chapters 11 + 12, *Invitation to Love*, following 20 minutes of Centering Prayer.



Good Friday : No Centering Prayer

Friday, April 21: 9-10:30 AM ~ Suzanne Robinson facilitating, reflecting on Chapters 13 + 14, *Invitation to Love*, following 20 minutes of Centering Prayer.

Friday, April 28: 9-10:30 AM ~ Facilitator to be decided, reflecting on Chapters 15 + 16 + 17, *Invitation to Love*, following 20 minutes of Centering Prayer.

If you would like to learn more about Centering Prayer, contact Suzanne Robinson at opraise@his.com

Building and Grounds Crew Saves the Day!

By Cathy Zub

It was a few days after Kennebunk received over 2 feet of snow and then another storm upon which 2 inches of rain fell after another several inches of snow. The church parking lot was slowly diminishing in size and was at best, challenging to negotiate. A funeral had been planned for Friday morning and we were told by the family to expect around 200 guests!

The snowplow contractors came with their big machines and made every effort to clear more spaces in the lot. It was not going to be enough. I went to the Kennebunk Police Department to ask for help. They were able to assign an off duty police detail at the end of the road to help with traffic entering and exiting the lot. That was all they could offer but very helpful as the speed limit here on Route 1 is 50 mph.

I sent an email to the Building and Grounds crew asking their advice. I walked around the parking lot and counted what I thought the number of available spaces might be given very tight and guided parking. I did not sleep very well on Wednesday night.

On Thursday morning I came to work to discover both Bruce Gowdy and Fred Madore awaiting my arrival. Fred said, "C'mon, let's go for a ride." So Bruce and I piled into his immaculately detailed car and we inched our way around the lot as Fred laid out the exact plan for how cars would be parked, in stadium fashion, for the funeral, and then promised a crew to be here at 9:45 the following morning.

Of course, the morning came and it was pouring! Bruce had spray painted the snowbanks with arrows directing cars to follow the route, tape blocked some entrances so the traffic could only flow one way. A sign was put at the entrance to the turnaround for "family only" so they could park next to Bibber's vehicles.

As the cars filed in to St. David's, Earl Tracy, Craig MacDonald, Bruce Gowdy and Dave Ferris efficiently parked 115 cars, while garnering umbrellas for guests to carry in to the building. Following the service this crew, just as efficiently, escorted the cars out of the lot in an orderly fashion.

What could have been a day for attendees and family to remember St. David's because of their parking lot, was instead, a day for all to remember a beloved woman and to celebrate her life.

My sincere thanks go out to Fred Madore, Bruce Gowdy, Earl Tracy, Craig MacDonald and Dave Ferris for their stellar job of crowd control. By the way, are any of you busy Easter morning?

Your grateful PA



Please consider signing up for a coffee hour one Sunday. There are many available slots on the sign up sheet in the Great Hall. If you'd like to learn the ropes, consider asking a seasoned 'coffee hour veteran' to host one with you. It is fun, easy and a great way to get to know fellow parishioners.



April, 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Christ Church 2pm Library AA 7:30PM
2 HE 8AM/10:30AM AA7PM	3 Needlers 9:30am Grief Support Grp 1:30 NA 7PM	4 NAMI 6:30PM AA 8PM	5 AA7PM	6 CPSG 5PM Soup w/Saints 5:30pm Choir 7PM AA 7PM	7 Centering Prayer 9AM AA 10AM	8 AA 7:30PM
9 Palm Sunday HE 8AM/10:30AM  AA7PM	10 Needlers 9:30am/ Prayer Shawls 10am NA7PM	11 Vestry 7pm AA 8PM	12 AA7PM	13 Maundy Thursday 7pm Family Svc 4pm AA 7PM	14 AA 10AM Stations 12noon Liturgy of Good Friday 7PM	15 Easter Vigil Plus Baptism 7 PM AA 7:30PM
16 Easter Sunday HE 8AM/10:30AM AA7PM 	17 Needlers 9:30am/ Prayer Shawls 10am NA 7PM School Vacation Week Office Closed Sandy Brook2-4	18 NAMI 6:30PM AA 8PM Andrew off Office Closed	19 Outreach 4:30p AA7PM Office Closed	20 Partners for Prosperity 2-4:30 CPSG 5PM Choir 7PM AA 7PM Andrew Out	21 Centering Prayer 9AM AA 10AM Pastoral Care 11am	22 AA 7:30PM
23 HE 8AM/10:30AM End of Life Series 1 11:45am AA7PM HE 8/10:30AM End of Life Series 2 11:45 AA 7PM 30	24 Needlers 9:30amPrayer Shawls/10am Evergreen Quilters 6:30-9:30pm NA 7PM	25 AA 8PM	26 Cathy out St. Mary's Falmouth PAC all day AA 7PM	27 Communica- tions Comm. 11AM Choir 7PM AA7PM	28 Centering Prayer 9 AM AA 10AM	29

Saint David's Episcopal Church
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Special Dates in April

April 1—Ruby Rodriguez.....Birthday
April 4 - Alan McLellan.....Birthday
April 6 - Lori ParkinsonBirthday
April 8 - Julie MacClinchyBirthday
April 12 - Jane Bellegarde.....Birthday
April 14 - Jim Andrews and Mia Mazzei.....Birthday
April 15 - Adam Andrews.....Birthday
April 17 - Matt Inglis.....Birthday
April 18 - Bruce Gowdy and Linda Rhines.....Birthday
April 19 - Michael Donaghy.....Birthday
April 28 - Sue Jones.....Birthday

Do you have a special date(s) you would like to share with St. David's?

Simply send the person's name, day and month and reason for celebration and we will publish these special dates in The Messenger and a card just might be sent out as well.